

## RELAXATION RETREAT MENU



UNTAMED . UNTOUCHED . UNFORGETTABLE

## MASSAGE TREATMENTS

## FULL BODY MASSAGE

AROMATHERAPY	60min / R 1 290
DEEP TISSUE	60min / R 1 440
HOT STONE	60min / R 1 360

# BACK, NECK AND SHOULDER MASSAGE

30 MINUTES	R 8	300
60 MINUTES	R12	290

#### STRESS BUSTER

30 MINUTES	R 80	0
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#### MASSAGE TREATMENTS

SCALP	30min / R	600
LEG AND FOOT	30min / R	800

#### **OTHER**

FACE RITUAL	30min / R 800
FACE RITUAL	60min / R 1 290
HAND TREATMENT	60min/R 830
FOOT TREATMENT	60min / R 920
EXPRESS MANICURE	30min / R 600
EXPRESS PEDICURE	30min / R 600

### KIDS TREATMENT LIST

FULL BODY AROMATHERAPY		
MASSAGE	30min / R	800
BACK, NECK AND SHOULDER		
MASSAGE	30min / R	600

#### **ETIQUETTE**

- All treatments will take place in the comfort of Pilgrim's Rest Retreat
- ~ Strict cancellation policy will be enforced
- Please inform your therapist if you have any health problems prior to your treatment
- ~ Strict no nudity policy