

# *Nkomazi*

— GAME RESERVE —

## ***River Retreat Menu***



## MASSAGES

**STRESS BUSTER** 50 min R490  
Our ever popular combination of favourites! Concentrating on the Back, Neck and Shoulder area, followed by a deep scalp massage & ending off with a pressure point treat on the feet.

**"THE FALL ASLEEP" MASSAGE** 1 hour R550  
Drift into a complete state of relaxation as your therapist uses slow deep massage techniques to calm a tense body. This massage makes use of small blocks of Shea butter that are placed on the body and melt under the warmth of the therapist's hands.

**AFRICAN WOOD MASSAGE** 1 hour R550  
Mimicking the rhythmical patterns of an African dance, and incorporating nourishing warm Olive and Shea butter ointments, the Komati River signature massage blends light stretching techniques and specially designed body and facial implements to relax and restore your weary body.

**TRADITIONAL BODY MASSAGE**  
Choose between African Fusion Oils / Herb infused Shea Butters for your massage.

Ladies Full Body 1 hour R490  
Ladies Back & Legs 45min R390  
Ladies Back & Neck 30min R290  
Men's Full Body 1 hour R520  
Men's Back & Legs 45min R420  
Men's Back & Neck 30min R320

**HOT STONE BACK MASSAGE** 30min R320

**AFRICAN HEAD MASSAGE** 30min R290

**BACK SCRUB** before / after massage 15 min R100

## FACIALS

**EXPRESS FACIAL** 30 min R250  
Experience a Vine therapy facial boost customised to your Specific skin concerns in just thirty minutes.

+ **ADD Paraffin Wax Dip** 15 min R100  
+ **ADD Mini Back Massage** 15 min R150

**MENS FACIAL** 45 min R340  
A deep-cleansing facial customised to gently remove surface impurities and restores balance. Includes a relaxing Head, Neck & Shoulder massage.

**BALANCING FACIAL** 45 min R390  
A facial customised to your skin's specific needs. Includes a luxurious relaxing Head, Neck & Shoulder massage.

**ULTRA DELUXE FACIAL** 1 hour R550  
This facial includes a warming and nourishing paraffin wax hand & foot dip.

## BODY TREATMENTS

**FULL BODY SCRUB** 30 min R290  
Rid your body of dead skin cells by having a full body scrub followed by an ultra luxurious body Baobab moisturising lotion.

+ **ADD Mini Back Massage** 15 min R150  
+ **ADD Ultra Softening Milk Bath** 15 min R150

**THE BODY WRAP** 1 hour R490  
Enjoy a full body scrub followed by a hydrating gel /detox mud wrap. Whilst wrapped; unwind with a head or foot massage. This treatment will be completed with a full body lotion application.

+ **ADD Mini Back Massage** 15 min R150

**MILK BATH CEREMONY** 1 hour R550  
Begin your treatment with a full body exfoliation, then immerse yourself into a luxurious milk bath to relax the muscles in preparation of an indulging back massage.

**BLISS - 6 OF THE BEST** 2 hours R1030  
Start off with a full body scrub; relax in a milk bath to soften the skin. Then be treated to a fabulous Back & Neck massage; Lie back & completely unwind with a mini facial. Complete this blissful pamper session with a hand & foot paraffin wax dip!

**SOULS DELIGHT** 45 min R410  
Enjoy a Back & Neck & Scalp massage followed by a milk bath and complimentary glass of sparkling wine.

**COUPLES DELIGHT** 45min R700  
Enjoy a couples Back, Neck & Scalp massage followed by a milk bath and complimentary glass of sparkling wine.  
**(May not be pre booked)**

## HANDS & FEET

**SPA MANICURE** 45 min R200

**SPA PEDICURE** 1 hour R300  
Your treatment will start with a gentle exfoliation followed by a customized African fusion massage, whilst including nail and cuticle attention, followed by a nail colour of your choice for rejuvenated younger-looking hands or feet.  
+ **ADD Paraffin Wax Dip** 15 min R100

**HAND RITUAL** 30 min R200

**FOOT RITUAL** 45 min R250  
Experience healing bliss as your hands and forearms or feet and legs are gently exfoliated, followed by an ultra relaxing massage. The healing properties of an Aloe Ferox gel mask soothes and hydrates whilst the application of a Baobab infused lotion will leave the skin soft and nourished.  
+ **ADD French or Colour** 15 min R 45

**PARAFFIN WAX TREATMENT** 30 min R220  
Experience an ultra luxurious pamper for hands or feet. Start off with an exfoliation followed by a massage and completed with a luxurious paraffin wax treatment  
+ **ADD French or Colour** 15 min R 45

